



SBHI Attendance Guidelines

Attending ALL scheduled appointments is necessary for the success of your treatment.

- Attend *all sessions* to get the help you need.
- If it is necessary to cancel, please call the day prior to your appointment during regular business hours, or it will be considered a “missed” appointment.
- If therapy is a part of your treatment plan, you cannot miss therapy appointments and still be seen by our doctor.
- Please understand that if you “miss” two appointments, OR you have been inactive with therapy or treatment, your services with SBHI could end, including medication services with our doctor.
- **If scheduling a regular appointment is difficult for you, talk to your therapist about our other scheduling options!**

Please talk with your therapist about any reasons that might prevent you from being able to attend your scheduled appointments. They will be happy to discuss these and help determine other scheduling options that might work for you.